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'More harm than good'

Experimental Ebola drug may distract from trusted methods, some experts say PAGE 8

Who wears short shorts?

Men wear short shorts. Today's poolside loungers favour trunks on the itsy-bitsy side PAGE 20

A LOOSE-LIPPED PILOT & A MANDATORY ENGAGEMENT RING?

IT'S TOUGH TIMES FOR TRAVOLTA AND SHEEN, ACCORDING TO METRO DISH PAGE 19

Tent camp keeps expanding

Downtown Eastside. Oppenheimer Park is preferable to infested hotel rooms, says one camper

EMILY JACKSON
emily.jackson@metronews.ca

The sacred fire is still burning, the longhouse's roof is thicker with branches and the grass is brown from heavy foot traffic.

Welcome to the tent camp at Oppenheimer Park in the Downtown Eastside, where the population has grown to more than 100 tents despite an eviction order issued by the city more than two weeks ago.

While campers assume the city will inevitably try to kick them out, they don't expect it will make any drastic moves before the Nov. 15 election, said Rose Shrá'Tlaä Siccama of the Northern Thutchone First Nation.

In the meantime, campers don't intend to leave without securing sustainable housing that's in better condition than single-room-occupancy hotel suites (SROs), many of which are infested with pests and unsafe.

The tent camp at Oppenheimer Park has grown to about 100 tents. EMILY JACKSON/METRO

"I see this camp being in existence until there is a physical change," said Siccama, who has lived in a tent for two weeks and been without a home for four years.

The camp has become a community and is a better place to live than SROs, even in the heat of summer, she said.

Besides, she added, it's on unceded First Nations territory.

Campers have had a respectful dialogue with the city, she said, with officials stating they're limited with what they can do without provincial help.

But campers say they're fed up with the "ping-pong game" of responsibility between levels of government and are staying put in the absence of a solution.

In an emailed statement attributed to an unnamed spokesperson, the city said it has met with the campers and states both parties agree the province is needed for a sustainable solution.

The statement did not outline a specific action plan or a time frame to return the park to use for a wider range of activities.

"The city supports the right to gather and carry out peaceful protest," it said.

"However, the parks are there for the enjoyment of everyone and the city is requesting that the structures be removed from Oppenheimer Park so that the park can return to its regular use by the entire community."

Until then, the city is working with B.C. Housing to find homes for every homeless person on the site immediately.

Its priority is the safety of campers and park users. Police and fire officials have been monitoring the park daily to check for health and safety issues, as well as to monitor noise levels, fire hazards, and alcohol and drug use.

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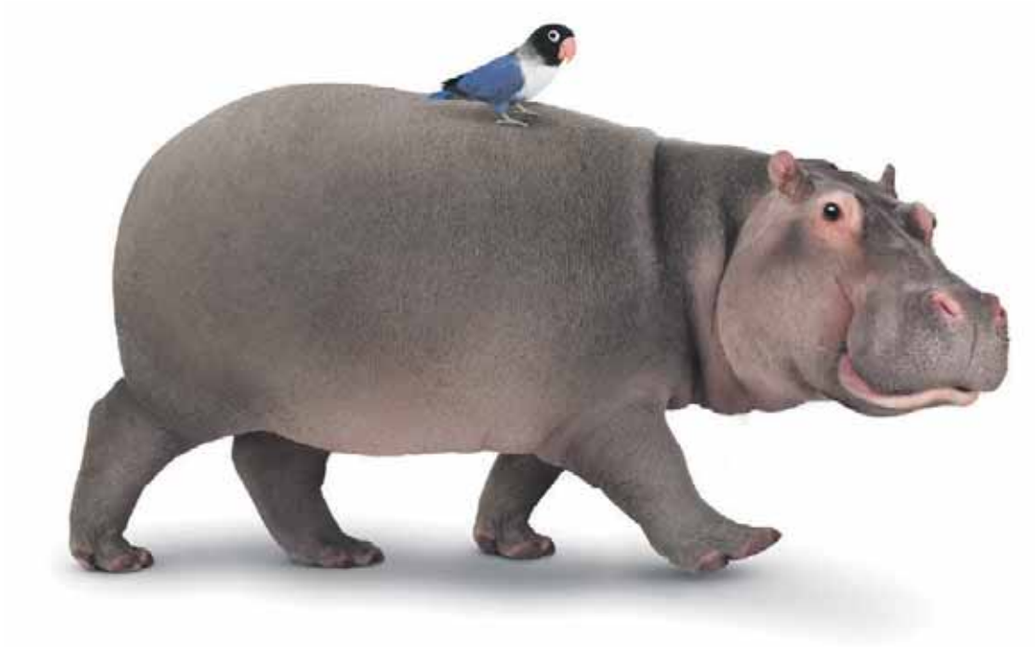

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Ovey Yeung

Donations flood in for woman injured in hit and run

The young Vancouver businesswoman injured in a hit and run early Monday morning remains in critical condition in a medically induced coma, according to friends organizing a crowdfunding campaign to pay for Ovey Yeung's medical and recovery costs.

In less than 24 hours since friends started an Indiegogo campaign to raise money for Yeung, people contributed more than $21,500 to the cause.

"If you have ever met Ovey, you would know she would do anything to help you. It's our turn to do whatever we can to help her," the page states.

Meantime, police have still not found the driver or the suspect vehicle, a dark-coloured Honda Civic, spokesman Const. Brian Montague said in an email.

"We obviously want the driver to do the right thing and give us a call," Montague said.

Police are also appealing to friends and family of the driver.

"If they realize that a Honda belonging to someone they know has unexplained front-end damage or has not been seen for a while, we hope they put two and two together and give police a call."

Yeung was hit near Pacific Boulevard and Abbott Street around 4 a.m. Police have been canvassing the area for video footage of the incident.

EMILY JACKSON/METRO

An aerial view shows a canoe among the damage caused by a tailings pond breach near the town of Likely, B.C. Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

Mine ordered to plug tailings pond

Mount Polley Mine. Company must immediately prevent more waste from escaping

The company that owns a gold and copper mine in British Columbia where a tailings pond burst, sending a massive wave of water and potentially toxic silt into surrounding waterways, has been formally ordered to clean up the site and prevent more material from escaping.

But government officials acknowledged Wednesday they still didn't know exactly what spilled out or how the breach will affect surrounding lakes and rivers, where salmon spawn, locals get their drinking water and tourism operators take their customers.

A tailings pond dam at Imperial Metals' Mount Polley Mine, about 600 kilometres northeast of Vancouver, failed on Monday, sending 10 million cubic metres of water and 4.5 million cubic metres of toxic silt into Polley Lake and Quesnel Lake.

The breach prompted a ban on drinking or bathing in water from surrounding lakes and river, which was still in effect on Wednesday, though the company has insisted the water in the tailings pond was safe and the solids that spilled out were "relatively benign."

The province's Environment Ministry announced Wednesday that the company received a "pollution abatement order" a day earlier.

Under the terms of the order, Mount Polley Mine was required immediately take steps to prevent more waste from escaping into nearby creeks and lakes. The company was also ordered to conduct an environmental assessment and submit a clean-up action plan by Wednesday, with a more detailed plan due by the end of next week.

The province also ordered the company to provide a detailed assessment of the materials that were released, including the anticipated impact on the environment.

Grand Chief Stewart Phillip of the Union of B.C. Indian Chiefs said the presence of heavy metals in the tailings could be devastating to salmon.

Quesnel Lake and the Quesnel River are considered important breeding grounds for wild salmon, as are other nearby creeks.

"It couldn't happen at a worse time: the Quesnel salmon run is expected to pass by in a couple of weeks," said Phillip. THE CANADIAN PRESS

Always on the lookout.

Off-duty cop helps thwart armed pharmacy robbery

Vancouver police are crediting the actions of an off-duty officer for the arrest of two suspects in a recent armed robbery.

Police say the cop was driving his personal vehicle in the area of Granville Street and W. 16th Avenue when he noticed a man enter a pharmacy wearing a balaclava and carrying what appeared to be a handgun.

The officer called 911 and updated dispatchers on the robbery as he followed the getaway car into a cul-de-sac on 11th Avenue near Arbutus Street.

The officer then chased the passenger of the vehicle on foot as he attempted to escape.

At one point, police said, the suspect turned around and pointed a semi-automatic handgun at the officer, but turned around and kept running.

By this time, on-duty police showed up and took the driver of the getaway car into custody. The passenger was later found and arrested near Cypress Street and W. 4th Avenue.

The men remain in custody and are facing numerous charges, including robbery with a firearm. **MATT KIELTYKA/METRO**

Mill Lake Park

Man assaulted, robbed during nap

A 51-year-old man was assaulted and robbed while taking a nap in an Abbotsford park on Tuesday.

Police say the man was sleeping on the grass at Mill Lake Park when he was awakened by someone rummaging through his belongings.

He confronted two young men who were in the process of stealing his wallet, medication and other valuables. One of the robbers struck the victim and both of them fled on foot.

Police are now looking for the two men. **MATT KIELTYKA/METRO**

New heroin therapy ineffective, causes relapse: Drug user group

Methadose. VANDU writes open letter claiming 'alarming side effects' on up to a quarter of patients

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Health Minister Terry Lake JENNIFER GAUTHIER/METRO FILE

The province's health minister says the effectiveness, or lack thereof, of a new heroin treatment regime must be evaluated before he'll get involved.

Terry Lake's comments follow an open letter sent Tuesday by the Vancouver Area Network of Drug Users (VANDU) to government and health officials claiming that the switch from methadone to Methadose in February has had "alarming side effects" on up to a quarter of patients in the Methadone Maintenance Program.

"We are deeply concerned by the number of us, our friends, colleagues and loved ones who are relapsing — using heroin or other opiates to deal with this withdrawal — in many cases, after years of abstaining," the letter reads.

VANDU says many patients find that daily dose Methadose, a prescribed medicine in liquid form, wears off in as little as 16 hours, leaving patients with painful withdrawal symptoms until the next dose.

Mykle Ludvigsen, the director of public accountability and engagement for the College of Pharmacists of B.C., told Metro it's standard practice to switch over to a commercially available product once it gets approval from Health Canada, as is the case for Methadose.

It has the same level of methadone as the previously available solution, and the college has conducted random inspections to ensure that's the case.

The tests have come back OK, but Ludvigsen confirmed there is anecdotal evidence from patients that Methadose may not be lasting as long.

"We're trying to get to the bottom of it," Ludvigsen said, adding the complaints are being raised with Health Canada and Methadose's manufacturer.

On Wednesday, Lake said he was aware of the concerns and has ordered an evaluation.

"We'll do that review and if we need to adjust the policy, we'll do that," he said. "When you make a change like going from methadone to Methadose ... you always want to examine how that transition occurs."

Lake said the province is committed to the best outcome for patients.

"For some people, perhaps methadone is better than Methadose," Lake said. "I don't want to jump to that conclusion, but we need to look at the experience and gather some data before we make some decisions moving forward."

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Dispute. Gitxsan First Nation orders foresters, fishermen, CN Rail off land

It's business as usual in a large swath of land in northwestern British Columbia, despite escalating tensions spurred by an eviction order from the Gitxsan First Nation.

The First Nations group issued notice last month to sport fishermen, forest companies and Canadian National Railway that they would have to stop all activities in the 33,000 square kilometres of its territories near Terrace, B.C., by Aug. 4.

The group has been in a protracted treaty dispute with the federal and provincial governments. In 2012, lands awarded to the Gitxsan in an earlier court ruling became part of a treaty agreement-in-principle with the neighbouring Kitsumkalum and Kitselas.

The Gitxsan deadline was also issued to the governments telling them that they must remove Gitxsan lands from the treaty offers to the band's neighbours.

Gitxsan negotiator Gwaans, also know as Beverley Clifton Percival, said Wednesday that progress was being made with the governments earlier this week, but that later disintegrated.

"It's Canada that's being a stick in the mud with their senior person here in British Columbia not wanting to move. We've presented a way forward that will meet all objectives and we remain committed to open to discussions."

"This stuff could have been averted," she added.

THE CANADIAN PRESS

$3M. Province boosts funding for addictions research and treatment

The British Columbia government is boosting funding for addictions research and treatment in the province, with money directed at testing of a drug that can block the effects of heroin and alcohol.

Health Minister Terry Lake made the announcement in Vancouver's St. Paul's Hospital on Wednesday, saying the additional $3-million investment will allow the province to expand addiction-medicine education for health professionals, making it the largest program of its kind in North America.

The funding is in addition to another $3 million that was donated by Goldcorp Inc. in 2012.

Half of the new funds will go towards training addiction care providers across the province, while the other half will fund clinical trials and a new medicine program that will focus on early intervention, Lake said.

"There is, as you know, a lot of competition for health-care dollars, but we recognize addictions, mental health issues are complex problems that we need to really get good, evidence-based decision-making behind us as we look to put resources there," Lake told reporters. THE CANADIAN PRESS

Google Glass is now on sale in the U.S. for $1,500. Privacy concerns over Google Glass may be well founded, suggests the latest study from the University of B.C. that found those who use the wearable technology quickly forget they're recording what they see. CONTRIBUTED

Local study gives Google Glass a look

Research. Forgetfulness using the device raises privacy concerns, says UBC researcher

THANDI FLETCHER
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Privacy concerns over Google Glass may be well founded, suggests the latest study from the University of B.C. that found those who use the wearable technology quickly forget they're recording what they see.

The forgetfulness sets in so quickly, in fact, that people often forget they're using smart eyewear less than 10 minutes after putting on the wearable technology, said PhD student Eleni Nasiopoulos, who carried out the study that had participants wear an eye-tracking device that recorded their eye movements and field of view.

"We were really surprised to find it took less than 10 minutes," she said. "Obviously that has a lot of implications for privacy."

Glass is Google's much-anticipated computerized eyewear that connects wirelessly to a smart phone for hands-free web access, navigation and even gaming.

Since the product launched in May, however, the tech giant has battled allegations Google Glass could invade people's privacy, even publishing a list of myths about the device in an attempt to dispel concerns.

Nasiopoulos said concerns over privacy invasion might be justifiable, however, given her study's findings. The research is especially worrying, she said, considering the power of Google Glass to quickly post and disseminate information on social media.

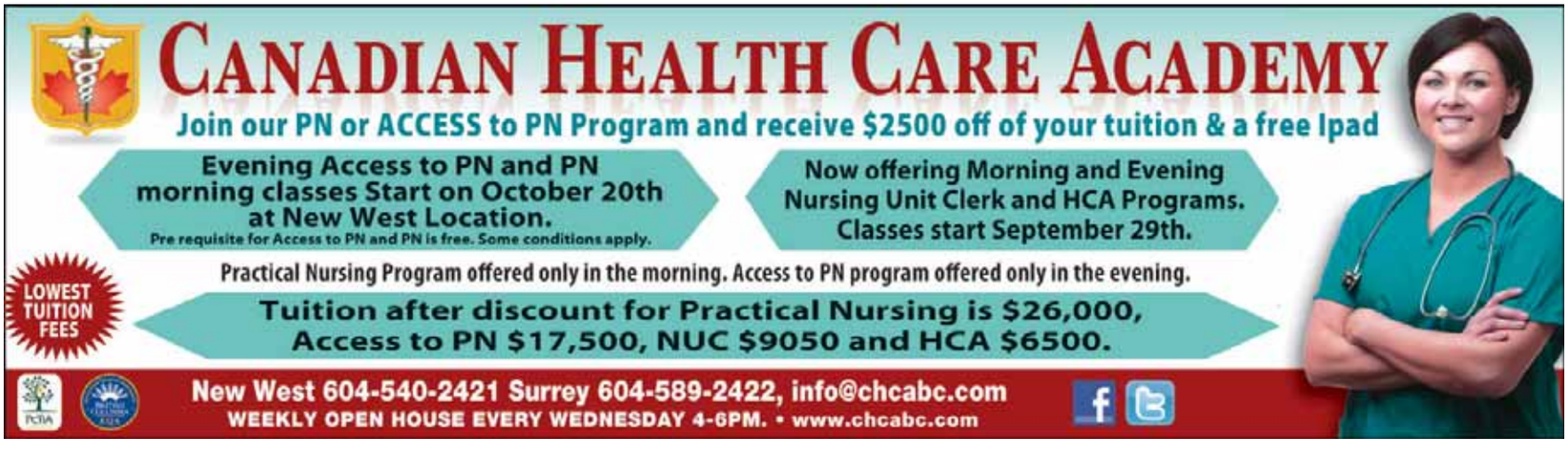
In her study, Nasiopoulos also included two control groups to capture the participant's natural behaviour without wearing an eye tracker.

Realizing that participants would be guarded about what they looked at if they knew they were being recorded, she gave them a five-minute task to complete as a distraction. Still, participants forgot they were being recorded in less than 10 minutes before they were caught looking at a Sports Illustrated calendar in the room, she said.

When participants were reminded they were wearing eye trackers, Nasiopoulos said they quickly reverted back to guarding what they looked at.

"The problem is, we don't know how long that lasts," she said.

Nasiopoulos' research was published in the July issue of the British Journal of Psychology.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Pharmacy robbery.
Police shoot at suspects during car chase

A Vancouver police officer fired a shot while pursuing three men who fled in a stolen Jeep after robbing a pharmacy on Oak Street near West 42nd Avenue Wednesday morning.

No injuries were reported and the men remain at large, according to a statement from Vancouver police.

The incident began when two of the men entered the pharmacy and robbed it of money and prescription drugs shortly before 10 a.m.

A third man was waiting for them in a getaway vehicle, a stolen Ford Taurus.

Police found the stolen car abandoned near 43rd Avenue and Hudson Street, where witnesses told police the men took off in a Jeep Cherokee, which police believe was also stolen.

Officers were stuck in traffic on Oak Street near 67th Avenue when they spotted the Jeep. The officers confronted the men and one shot was fired.

The men fled, abandoned the Jeep near 62nd Avenue and Manitoba Street and stole a Dodge Neon.

EMILY JACKSON/METRO

Mission

Man in hospital after home invasion

A 25-year-old Mission man is in hospital with serious injuries after he was attacked in his home early Wednesday.

Around 1 a.m., three men wearing hoodies and balaclavas forced their way into a home in the 32,300 block of Diamond Avenue, according to Mission RCMP.

A couple living in the home confronted the men, who then assaulted the victim, hitting him several times in the head with a metal object, police said. The victim was taken to hospital in serious but stable condition.

THANDI FLETCHER/METRO

Ex-Apple staffer Sam Sung auctions off ID for charity

Former Apple store employee Sam Sung is auctioning off his business card, T-shirt and name tag for charity. INSTAGRAM

His name is Sam Sung. And he's a former Vancouver Apple Store employee

THANDI FLETCHER
thandi.fletcher@metronews.ca

A former Apple Store employee in Vancouver who shot to Internet fame two years ago when a photo of his business card bearing his coincidental name went viral online, is auctioning off his last card for charity.

Sam Sung, who previously worked as an Apple specialist at the Vancouver Pacific Centre store location, hasn't worked for the tech company since last summer. But when he recently stumbled upon his last Apple business card when it fell out of a book, he decided to auction it off on eBay, along with his Apple employee T-shirt and lanyard.

"I had a great time working for Apple and would recommend it to anyone," Sung wrote in his eBay post. "I hope my old business card will go to another fellow Apple enthusiast with a sense of humour and the desire to help raise some money for a good cause."

Sung is donating all of the proceeds to the B.C. and Yukon chapters of the Children's Wish Foundation of Canada, a not-for-profit that grants wishes to sick children.

In an email to Metro, Sung said he chose the charity after he became involved with them last year through a co-worker.

"The organization and its members do amazing work and I really respect the effort and integrity that they have," he wrote.

On Wednesday night, bidding on the framed, autographed item was already up over $3,560 and steadily climbing by the second.

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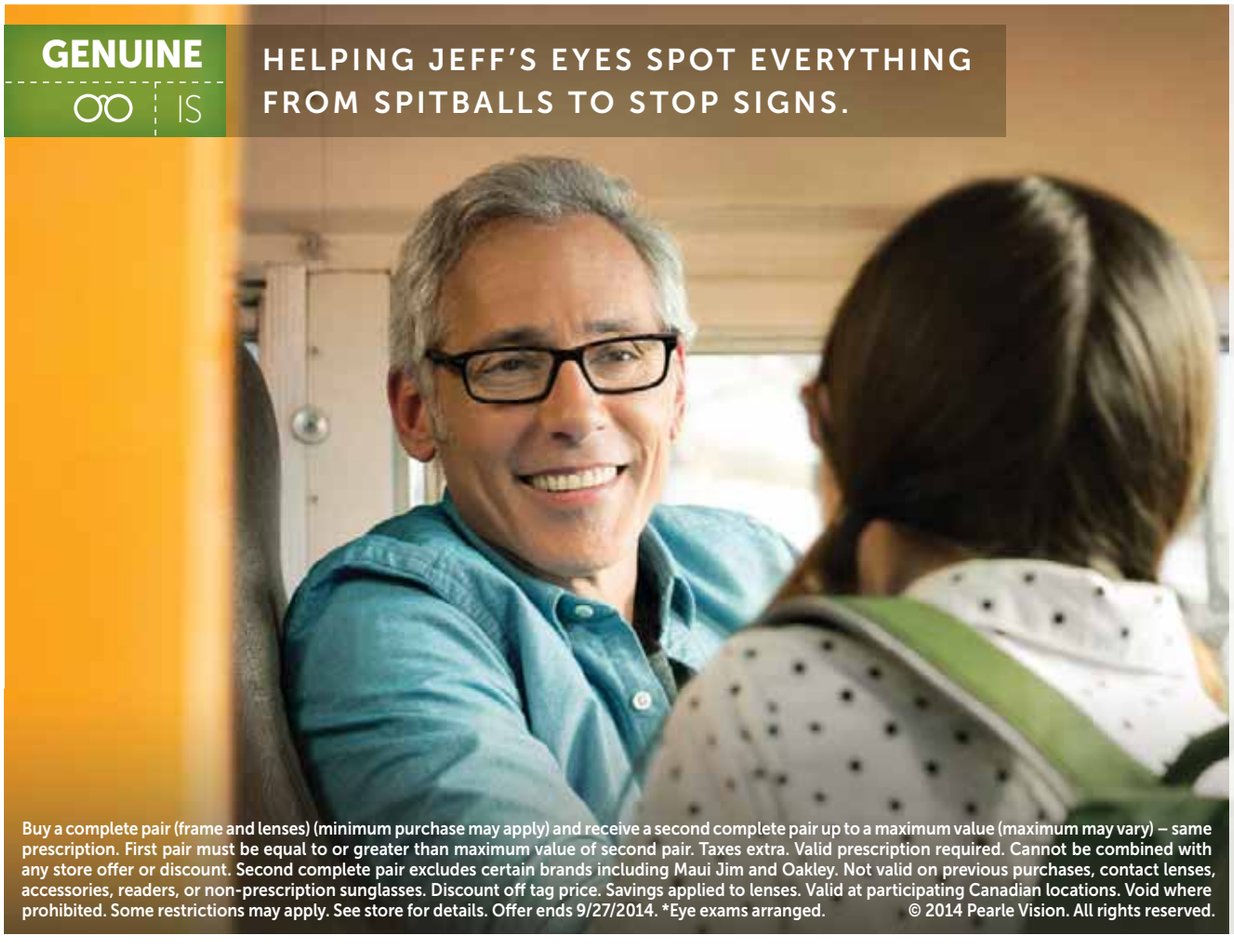

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Russia

Russia, Canada trade sanctions over Ukraine

Canada on Wednesday slapped fresh sanctions and travel bans on several top Russian and Ukrainian politicians and groups with ties to President Vladimir Putin's government, as Moscow responded with tit-for-tat sanctions of its own.

Canada's latest round of sanctions, imposed in co-ordination with the U.S. and EU, came amid reports Russia is massing troops along the Ukrainian border.

But Putin quickly retaliated, ordering state authorities to come up with a list of agricultural products from countries that have imposed sanctions on Russia. Those imports will be banned or restricted for up to a year. THE CANADIAN PRESS

Italy

Concordia captain called 'unworthy' as safety lecturer

A Rome university professor is facing a disciplinary hearing after inviting the captain of the shipwrecked Costa Concordia cruise liner to lecture students on emergency procedures.

The dean of Rome's Sapienza University, Luigi Frati, voiced anger Wednesday at the professor's decision to invite Capt. Francesco Schettino to give a seminar, calling it an "inappropriate and unworthy choice."

The university dismissed the "pathetic excuses" offered by the professor, Vincenzo Mastronardi, when confronted by the dean.

Schettino is being tried for manslaughter and other crimes over the 2012 capsize of the Concordia, in which 32 people died. THE ASSOCIATED PRESS

Messages of peace and hope in Hiroshima

A girl prepares to release paper lanterns bearing messages of peace in the Motoyasu River near the Atomic Bomb Dome in Hiroshima, Japan, on Wednesday, as Japan marked the 69th anniversary of the atomic bombing of the city. KYODO NEWS/THE ASSOCIATED PRESS

Experimental Ebola drug sparks debate

'The responsible thing to do.' Ethical questions raised amid deadly outbreak about who gets access to treatment

The use of an experimental drug to treat two Americans diagnosed with Ebola is raising ethical questions about who gets first access to unproven new therapies for the deadly disease. But some health experts fear debate over extremely limited doses will distract from tried-and-true measures to curb the growing outbreak — like more rapidly identifying and isolating the sick.

A shot in the dark

Scientists stress there's no way to tell if the experimental drug ZMapp really made a difference for two U.S. aid workers infected in Liberia.

- "We don't even know if it works," stressed Dr. Anthony Fauci of the National Institutes of Health.

The World Health Organization is convening a meeting of medical ethicists next week to examine what it calls "the responsible thing to do" about whatever supplies eventually may become available of a medicine that's never been tested on people.

At least one country involved in the outbreak is interested in the drug: Nigeria's health minister said at a news conference that he had asked U.S. officials about access.

There is no proven treatment or vaccine for Ebola, which so far has infected more than 1,700 and killed more than 930 in West Africa.

"How many times have we found magic therapies that ended up ... doing more harm than good?" cautioned University of Minnesota professor Michael Osterholm, who advises the U.S. government on infectious disease threats.

"Vaccine and drug treatment right now is not going to be the main way you bring this to a stop," he added. THE ASSOCIATED PRESS

Kenya. Offered goats and cows for Chelsea Clinton, man killed by elephant

The editor of a weekly magazine says a Kenyan man who once offered former U.S. president Bill Clinton 40 goats and 20 cows for his daughter Chelsea's hand in marriage has been killed by an elephant.

Dorothy Jebet, editor of the Kass Weekly, said Wednesday journalist Godwin Chepkurgor was attacked by an elephant herd while on assignment for the magazine. Jebet says Chepkurgor was attacked from behind Friday by a bull elephant that scooped him up with its trunk and threw him in the air.

Jebet said the journalist landed on sticks that pierced his stomach. THE ASSOCIATED PRESS

South Africa. Brother of Oscar Pistorius still in ICU after highway collision

Oscar Pistorius's older brother Carl remains in an intensive care unit in a South African hospital and is on a ventilator after a serious car crash last week.

The Pistorius family said in a statement Wednesday that Carl Pistorius was still in ICU in Pretoria "due to the serious nature of the injuries sustained in the accident," and said he was "showing signs of improvement." Carl reportedly sustained multiple fractures Friday in a head-on highway collision.

Oscar Pistorius is due to return to a Pretoria courthouse on Thursday for the start of final arguments in his murder trial. THE ASSOCIATED PRESS

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Guam

Parents face child abuse charges, not homicide, in death of baby in hot car

Parents of a three-month-old boy who died after sitting for hours in a hot car outside their Guam home have been charged with child abuse.

The Pacific Daily News reports the couple were arrested on allegations of negligent homicide. But prosecutors charged them Tuesday with child abuse and leaving a child unattended in a motor vehicle. Both charges are third-degree felonies.

According to court documents, the couple returned to their Yigo home midday Saturday after running errands with their four children. Both assumed someone else had taken the infant out of the car. THE ASSOCIATED PRESS

'Frustrated and confused'

Canadian couple detained in China is safe, son says

Two days after their arrest in China on suspicion of stealing state secrets, a Canadian couple was able to tell their children Wednesday that they weren't under any physical duress, but remained confused and upset about the allegations.

It was the first message 54-year-old Kevin Garratt and 53-year-old Julia Dawn Garratt were able to convey ever since being taken into custody by Chinese officials on Monday.

"They're safe," their son Simeon Garratt said.

Fluent in Mandarin, the couple has lived in China for the past 30 years and has been running a coffee shop since 2008 in the city of Dandong.

THE CANADIAN PRESS

A local woman collects fragments of a shell, the result of night shelling on a market in Donetsk, eastern Ukraine, Wednesday. SERGEI GRITS/THE ASSOCIATED PRESS

Tensions rise as Russian army lines Ukraine border

'It's a threat, it's a possibility'. Putin shows signs of fighting back against sanctions from the West

The steadily advancing Ukrainian army is setting its sights on the largest rebel-held city in eastern Ukraine, while Western officials on Wednesday warned that a Russian military buildup on Ukraine's border could herald a major incursion to protect the separatists.

President Vladimir Putin has resisted mounting pressure from Russian nationalists to send the army in to back the mutiny in eastern Ukraine. Even though the U.S. and NATO would be unlikely to respond militarily, the West would be certain to impose major sanctions that would put the shaky Russian economy on its knees — and could quickly erode Putin's power.

Russia already is showing signs of economic dismay from sanctions imposed earlier this year, but Putin on Wednesday showed Moscow aims to fight back, calling on government agencies to develop a list of agricultural imports from sanctions-imposing countries that could be banned for up to a year.

"When you see the buildup of Russian troops and the sophistication of those troops, the training of those troops, the heavy military equipment that's being put along that border, of course it's a reality. It's a threat, it's a possibility," U.S. Defence Secretary Chuck Hagel said. THE ASSOCIATED PRESS

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Redford resigns seat in legislature amid expense controversy

Effective immediately. Alberta Premier Dave Hancock has called for RCMP to review Redford's provincial aircraft use

Former Alberta Premier Alison Redford JEFF MCINTOSH/THE CANADIAN PRESS

Alberta Premier Dave Hancock on Wednesday called for the RCMP to review the use of provincial aircraft, just after his predecessor Alison Redford resigned her legislature seat amid a festering controversy over her travel expenses.

The developments came ahead of the release of the provincial auditor general's report into government travel slated for Thursday.

In a letter published in the Edmonton Journal and Calgary Herald, Redford acknowledged she made mistakes before quitting as premier last spring to sit as a Progressive Conservative backbencher. She said her resignation as a member of the legislature for Calgary-Elbow was effective immediately.

Hancock said there is material in the auditor's review that police should look at.

"The report identifies a number of areas of concern and I think in the interests of completeness and in the interests of the public being fully satisfied that everything appropriate has been done, that it's appropriate to ask that certain issues in the report be investigated," he said.

Hancock refused to discuss details of the auditor's findings before they are released publicly. But last week, the CBC reported that a leaked copy found that passenger lists on government aircraft were altered so that then-premier Redford could fly alone.

An RCMP spokeswoman said she was limited in what she could say about Hancock's request. Sgt. Josee Valiquette said she didn't believe the Mounties had received an official request yet. She was unable to say what the procedure would be under these particular circumstances.

THE CANADIAN PRESS

Moms bare stretch marks at Edmonton rally

Tanis Jex-Blake, centre, takes part in a bikini protest along with supporters in Edmonton on Wednesday. Jex-Blake, a mother of five, says she was tanning on a beach west of the city last week when three young people pointed at her stomach and called her "nasty" and "gross." She later posted an open letter on Facebook describing how she's proud of her scars, not ashamed. Her story has made news in several countries and other women have been proudly sending her photos of their imperfect bellies. Some moms at the Edmonton rally say they decided to show up wearing two-piece swimsuits for the first time in years. JASON FRANSON/THE CANADIAN PRESS

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More than 50 dead following Baghdad car-bomb attacks

Iraq. Densely populated areas targeted for attacks by militant Iraqi Sunnis

A string of car bombs tore through busy shopping streets in several Baghdad neighbourhoods Wednesday night killing 51 people as the army announced one of its airstrikes killed 60 militants in the northern city of Mosul.

Baghdad police said the first attack came from a pair of car bombs that exploded in the densely populated Shiite neighbourhood of Sadr City, killing 31 people, followed by another bomb in the nearby area of Ur that claimed another 11 lives.

Nine more people were killed in the southeast of the city shortly afterward by two more car bombs.

Baghdad has been on edge since Sunni militants led by the radical Islamic State group conquered large swaths of the country's north, including the second largest city of Mosul.

While the fighters have stopped short of advancing on the capital there has been a steady campaign of car bombs in the city.

The attack came as state-run television announced a rare government victory with an airstrike in Mosul that killed some 60 suspected militants.

The report, which cited unnamed intelligence officials, could not be independently verified, nor did it say whether any civilians had been killed in the strike on the northern city of Mosul. It did state that the strike freed about 300 people held by the Islamic State group at a downtown Mosul prison.

A Mosul resident, speaking anonymously, told The Associated Press that families of the prisoners rushed to the site to help their relatives after the airstrike.

"The prison was partly damaged in the airstrike," he said.

He said he did not know if there were casualties.

THE ASSOCIATED PRESS

Airstrikes

"The prison was partly damaged in the airstrike."

Anonymous Mosul resident

Leaders burned in effigy

Activists of Socialist Unity Center of India, SUCI, burn effigies of Israeli Prime Minister Benjamin Netanyahu, left, and U.S. President Barack Obama during a protest against Israel's attack on Gaza in Kolkata, India, Wednesday. BIKAS DAS/THE ASSOCIATED PRESS

Afghanistan

Afghan soldier hid in stall before shooting general

An Afghan soldier who killed a U.S. two-star general and wounded 15 other people hid in a bathroom with a NATO assault rifle, then opened fire when a group of officers from international forces passed by, an Afghan military official said Wednesday.

THE ASSOCIATED PRESS

Syria

Militant fighters leave town days after capturing it

Some Syrian militant fighters have begun withdrawing from the Lebanese town they captured five days earlier as a new 24-hour ceasefire was announced Wednesday, according to the Lebanese army and the Muslims clerics that mediated the deal.

THE ASSOCIATED PRESS

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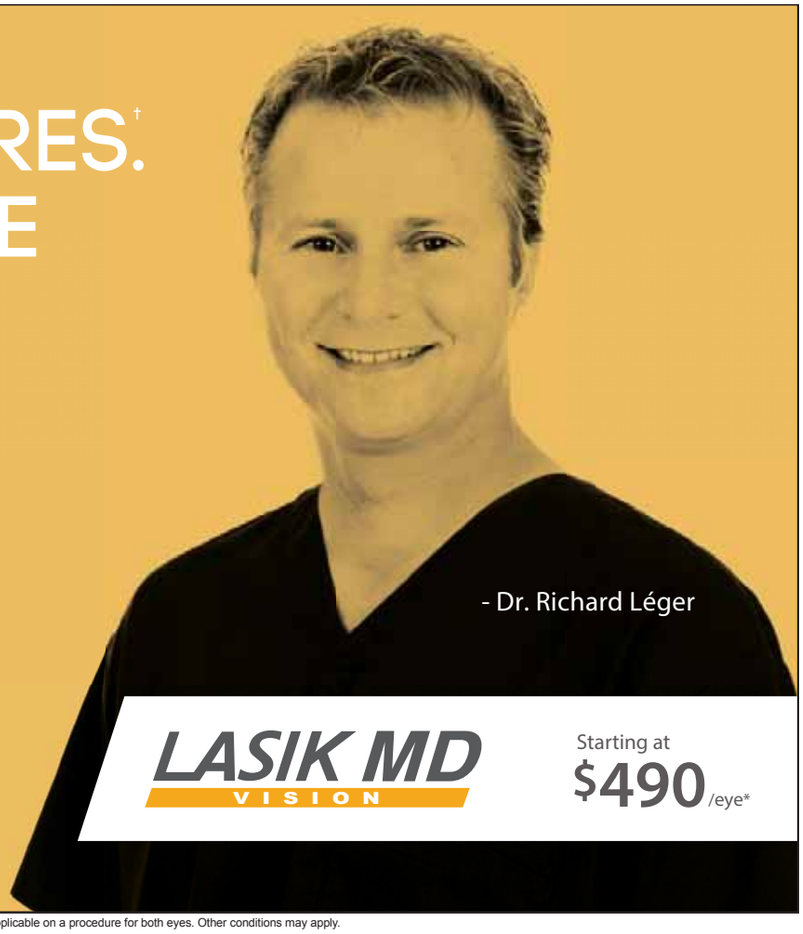

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The future? It's not ours to see

Que sera, sera.
Experts are split on the impact robots will have on labour by 2025, finds a new study

In 2025, self-driving cars could be the norm, people could have more leisure time and goods could become cheaper. Or, there could be chronic unemployment and an even wider income gap, human interaction could become a luxury and the wealthy could live in walled cities with robots serving as labour.

Or, very little could change.

A new survey released Wednesday by the Pew Research Center's Internet Project and Elon University's Imagining the Internet Center found that, when asked about the impact of artificial intelligence on jobs, nearly 1,900 experts and other respondents were divided over what to expect 11 years from now.

Forty-eight per cent said robots would kill more jobs than they create, and 52 per cent said technology will create more jobs than it destroys.

Respondents also varied widely when asked to elaborate on their expectations of jobs in the next decade. Some said that self-driving cars would be common, eliminating taxi cab and long-haul truck drivers. Some said that we should expect the wealthy to live in seclusion, using robot labour. Others were more conservative, cautioning that technology never moves quite as fast as people expect and humans aren't so easily replaceable.

"We consistently underestimate the intelligence and complexity of human beings," said Jonathan Grudin, principal researcher at Microsoft, who recalls that 40 years ago, people said that advances in computer-coding language were going to kill programming jobs. THE ASSOCIATED PRESS

Profits down 19%

No blockbuster profits for Cineplex this summer

Several box-office flops and a lack of family movies left Cineplex Inc. suffering the fallout during the first few months of the summer movie season. Profits dropped 19 per cent in the second quarter, reported the company. THE CANADIAN PRESS

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Rover missing? A new phone app could help

This illustration shows how a new smartphone app Finding Rover works. Any worried pet owner who has spent days hanging posters, making phone calls and knocking on neighbours' doors hopes there's a more scientific way to find a lost dog.
That became a reality when facial recognition technology successfully reunited a pet at San Diego County Animal Services with its owners. The website keeps a database of photos from the three county shelters and tries to match eight distinctive facial markers on dogs with images uploaded by users searching for lost pets. Eyes and noses are important areas that differentiate pooches, including eye size and their position near the snout.
FINDINGROVER.COM/THE ASSOCIATED PRESS

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Giving back with a backpack

Me to We. New line of charity, eco-friendly school supplies helps children across the globe

JANE DOUCET
For Metro

When Canadian students are ready for their back-to-school shopping, they will want to check out an exclusive new line of eco-friendly school supplies available at Staples. The Me to We Back to School Collection includes backpacks, lunch bags, reusable water bottles, tablet sleeves and notebooks.

Founded by Toronto brothers Craig and Marc Kielburger, Me to We is an innovative social enterprise that offers socially conscious products and services, as well as life-changing volunteer trips. Half of Me to We's net profit is donated to its Free the Children charity.

With each Me to We Back to School Collection product purchased, a child or family in a Free the Children community overseas receives a life-changing gift to help them learn without facing hunger, thirst and financial restraints.

To develop the Back to School Collection, Me to We partnered with ACCO Brands Corp. and Staples. ACCO Brands is one of the world's largest suppliers of branded school, office and consumer products; the company designs, markets and sells products in more than 100 countries.

For the Me to We Back to School Collection, ACCO Brands spent more than a year developing the environmentally friendly products, helping come up with the concept and design, then manufacturing them.

"This partnership was a great fit for our company because we support both sustainability and education," said Cristina Franco, the director of marketing at ACCO Brands.

As part of Me to We's Track Your Impact initiative, all of the school supplies come with a unique eight-digit code for buyers to track exactly where their purchase gives a gift. Each product provides something different; for example, the backpacks give students school supplies for one year, binders ensure that a tree will be planted, lunch bags give a child a healthy meal, and reusable water bottles provide a year of clean drinking water for one person.

"We were very excited and proud when this partnership came to life," Franco said. "It's all about empowering Canadian students to make a positive difference in the world by purchasing cute, cool, high-quality school supplies."

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THE SEVEN LEVELS OF CONCERT HELL

HE SAYS

John Mazerolle
metronews.ca

My fellow concert-goers can go to hell.

Each summer I can't focus on the divine bands, the heavenly music, or the right path to the pulled-pork taco stand. Why? Because every concert is overrun with lost souls — empty husks who gorge themselves on watery beer, lurch toward the stage as if nobody else is there, and yell "Whooo!!!" for what are clearly roadies tuning the guitars.

Over the years boorish concert-goers have left me disillusioned and angry. Hell is other patrons.

Fortunately, I had a revelation recently that brought me back from the Dark Side of the Moon. Travelling over The Wall and through the Court of the Crimson King, I came upon the Divine Concert Hall, seven levels of concert-themed revenge that let me know there is Justice For All, eventually. Behold the Seven Levels of Concert Hell. (I know there are normally nine rings, but cutbacks.)

First Circle: The Sulkers. Sin: People who sit scowling, arms folded, because their boyfriend or girlfriend had the nerve to grant them free admission to a concert but (sniff) they don't like the band. Punishment: Thrust onto hell's Jumbotron, where they are dumped for all eternity on the "Breakup Cam."

Second Circle: The Spillers. Sin: Concert-goers who slosh beer down your back because they bought a tray of five Coors Light for their buddies in the front row. Punishment: They can order beer, but the plastic cup has a big crack in it.

Third Circle: The Requesters. Sin: Yelling out a request repeatedly despite the band's setlist taped to the stage and a multi-million-dollar light show timed to the music. Punishment: Satan grabs their wrist and whacks their hand against their forehead, saying, "Why don't you stop hitting yourself?" for all eternity.

Fourth Circle: The Talkers. Sin: People who natter like they're providing descriptive video ("HERE THEY COME ... I LOVE THIS SONG! ... SO AWESOME!"). Punishment: Eternity as a mime, in mime hell.

Fifth Circle: The Phoners. Sin: People who endlessly use their phone, especially for selfies while facing away from the stage. Punishment: Drowning in the shallow pool of their own ego while Satan's minions take Instagram photos tagged #YODO.

Sixth Circle: The Blockers. Sin: People who arrive late, then push to the front. Punishment: Access granted to the Pearly Gates, but St. Peter never takes their name because there's a guy in front with a girl on his shoulders.

Seventh Circle: The Singers. Sin: Concert-goers who treat your left ear like it's their shower head, belting out tunes so loud it's like you paid $130 for a pro-am duet. Punishment: Britney Spears without autotune.

That's hell in a nutshell. And I haven't even warned you about the most ironic punishment of all: The least remorseful hell-dwellers must listen to the song Ironic on repeat while a person next to them says, "You know what's *really* ironic is that Ironic isn't *even* ironic!" May God (as portrayed by Alanis Morissette in Dogma) have mercy on your souls.

Plight of the Puffin

An Atlantic puffin checks its surrounding before ducking under the rocks to feed its chicks in a burrow on Eastern Egg Rock, a small island off the coast of Maine. ROBERT F. BUKATY/THE ASSOCIATED PRESS

Tourist help sought by scientists to stop puffin starvation

The Audubon Society wants bird lovers to contribute research to a project scientists hope will help save Atlantic puffins from starvation in Maine.

There are about 1,000 pairs of the seabirds, known for their multi-coloured beaks, in Maine.

Audubon says the number of puffin fledging chicks has declined in the last two years, possibly because their key food source, herring and hake, are leaving for cooler waters. While the puffin enjoys healthy numbers in places such as Newfoundland, they are on the threatened species list in Maine.

Audubon maintains three webcams on Seal Island in outer Penobscot Bay, one of the key puffin habitats in Maine. Volunteers are being asked to watch the birds and answer questions about their feeding behaviour.

"(We're) hoping to advance the science as well as entertain the viewers," said Steve Kress of the Audubon Society. "There are some questions that can be better answered through lots of people viewing."

THE ASSOCIATED PRESS

The two-faced bird

Most people only know a puffin when it is "dressed up" for the breeding season and would hardly recognize it in its plainer winter garb.

- After the breeding season, the adult puffin sheds the colourful plates on its bill and around the eyes and moults the feathers on its head and neck.
- The look is so different that people once thought it was a different species.

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MetroTube

We still don't know what he says, but he apparently eats GoPros

REBECCA WILLIAMS
rebecca.williams@metronews.ca

From bike helmets to surfboards, the pint-sized GoPro lens seems like the go-to device for those wishing to capture their athletic and adventurous feats. Another feat? Managing to chow down on the camera. One little and adorable fox was brave enough to take on the challenge. And luckily for our viewing pleasure, the camera was still rolling. Not so lucky was the destroyed camera, or its owner. (TheOpenLens/YouTube)

GETTY IMAGES

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SCENE 2

Get set to celebrate 30 years of living on the artistic fringe

Anniversary bash. September marks three decades of avant-garde performances at the Vancouver fringe fest

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

Seattle-based band The Cave Singers will play as part of the Vancouver Fringe Festival's 30th birthday bash on Sept. 2. KYLE JOHNSON

The fall arts season is kind of like going back to school — except better because you don't actually have to go back to school.

Sure, it's still only the first week of August, but it's never too early to get a head start on the arts. And, you know, pencils.

Starting Sept. 11, the Arts Club presents 4,000 Miles, an uplifting story about a 91-year-old New Yorker and her young grandson, Leo, who cycles across the country and presents himself unannounced at her door. The odd couple squabble but ultimately become companions for their respective life journeys. Visit ArtsClub.com for more info.

Speaking of trips, it's almost time for the Vancouver Fringe Festival.

Vancouver's most unpredictable festival kicks off Sept. 4 and features close to 100 artists (and more than 800 performances) from around the world. It's all very democratic, with the mainstage artists literally drawn from a hat, giving everyone a chance to be part of the main program.

There's also the festival's 30th birthday bash (which doubles as the opening-night fundraiser), featuring a VIP reception, a one-off performance of TJ Dawe's new work, Marathon, and a performance by Seattle-based band The Cave Singers. It all goes down Sept. 2 at Performance Works on Granville Island. Tickets are $100, but you get a $50 tax receipt. And there are only 100 available. For more info, go to VancouverFringe.com.

Looking even further into September, save some of that hard-earned dinero for the Vancouver International Film Festival. This, of course, is one of this city's do-not-miss events if you're a lover of cinema. This year features about 350 films from more than 70 countries, with plenty of writers, directors and actors on hand for lively post-screening Q&As. The festival also stages its popular Film + Television Forum development sessions, one-on-one meetings and networking meetings. More information at VIFF.org.

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John Travolta ALL PHOTOS GETTY IMAGES

Travolta's private pilot planning tell-all book about 'our little secret'

A man who claims to have been John Travolta's boyfriend for six years is planning to publish a tell-all book about the relationship, the National Enquirer reports.

"I'd stay in the room next to John in luxury hotels," Greg Gotterba, who acted as Travolta's private pilot at the time, tells the tabloid. "Sometimes he'd bring women along as beards. But he would ask me to join him in his suite and we'd spend the nights together. It was our little secret."

Gotterba says his relationship with Travolta ended shortly before the star married Kelly Preston.

"I feel sorry for Kelly. She's a lovely person," he adds. "She's in the middle of all this, and it's unfair to her."

No fourth Affleck on way, despite Garner's comfy garb

To be fair, Jennifer Garner has spent a good chunk of the last decade pregnant, so it's understandable that some tabloids would jump to the conclusion that she and Ben Affleck are expecting once again just because she was spotted wearing a number of loose-fitting tops recently. Despite claims by OK! and Star that there's a fourth Affleck child on the way, Garner's rep insists that the reports are "not true."

Jennifer Garner

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

I shoulda stuck with movies, O.C. star Barton tells U.K. paper

NED EHRBAR
Metro in Hollywood

Guys, Mischa Barton has some regrets — namely taking the role of Marissa Cooper on The O.C.

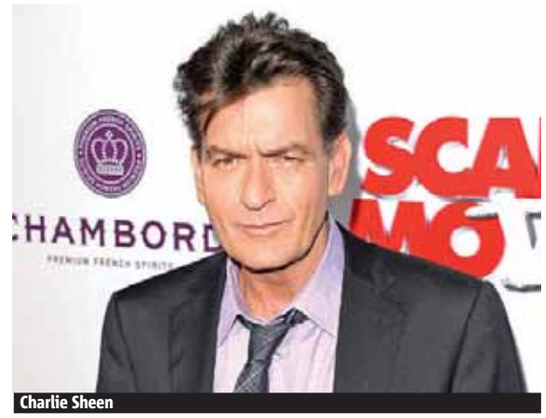
In hindsight, Barton tells Metro U.K. that she should "probably not" have accepted the role that made her famous.

"It's something I came so close to not doing. I had a really great thing with film. People say, be grateful for what you have, but it certainly (was) not the kind of thing I was expecting it to be. I've kind of seen it all," she says, punctuating her statement, I can only imagine, with a weary sigh and a drag on a Gitanes.

Two more surprising details emerge from this interview: One, Barton is only 28 years old, and two, she has a tenuous grasp of the English language.

Case in point: "I just like to be seen for the hard-working actress that I am and not for a bunch of extraneous press. In general people are super-quick to harbour on the gossipy stuff and less on how much work goes into it," she says. "It's really tough when you are young in this business. People blow a lot of hot air at you."

I … OK.



Charlie Sheen

Charlie's off the market according to his new ring

Charlie Sheen's fiancée, porn star Brett Rossi, clearly likes it, because she put a ring on it.

Sources tell Radar Online that Sheen has been wearing a "man's engagement ring" at Rossi's insistence. I'm usually against male jewelry on principle, but I can understand her concern. This is Charlie Sheen, after all.

"Brett forced Charlie to wear the wedding band, which he is wearing as an engagement ring," a source says.

"Charlie continues to hang around with other women, which infuriates Brett. It's disrespectful to their relationship, and Brett wants to make it clear that Charlie is off the market."

Whether it's to make it clear to the other women or to Sheen himself, I'm not sure.

Twitter

@ElizabethHurley
I confess I'd score a big, fat zero in any chemistry or physics test. Have agreed to sit in on my son's holiday tuition classes. Horror.

@tyrabanks
Sometimes u gotta sit back & reflect on the many great things that have come ur way. Thx @VictoriasSecret for that early career luv.

@AlbertBrooks
Just changed all my passwords to 043w590z9awo2391poiw93. Let the Russians figure that one out!

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SHOPPERS DRUG MART

He wore an itsy bitsy teenie weenie pair of swim trunks

Significant shrinkage. Today's poolside loungers are leaving little to the imagination

RICHARD PECKETT
Metro World News

This season, the most fashionable men come in small swimwear packages. Chaps are dropping the baggy board shorts in favour of a snugger look. British high street retailer Debenhams has seen sales of tiny trunks rise by 242 per cent — a stark contrast to the women's trend for conservative '50s-style costumes.

Clearly men are taking a tip from the 'bare it all' male celebrities like David Beckham, David Gandy, and even Giorgio Armani.

If you can't beat 'em, throw on a pair of micro swim shorts.

Dan Ward Printed Swim Shorts, $220. MRPORTER.COM

ASOS Swim Trunks, $19.35. ASOS.COM

Intymen Stripes Swim Bikini, $40.96. INTYMEN.COM

Orlebar Brown Swim Shorts, $205. MRPORTER.COM

Are you prepared to make a splash in something a little less subtle? ISTOCK

Gold medal gear. Phelps teams with Aqua Sphere to develop suit line

Olympic swimming great Michael Phelps, on a comeback that could take him to the Rio Games, is teaming up with a swimwear manufacturer to develop a line of competitive swimming equipment.

Phelps launched his comeback in April after a 20-month retirement as a free agent after his deal with longtime sponsor Speedo expired at the end of 2013.

On Tuesday, as Phelps geared up for Wednesday's start of the US championships in Irvine, Calif., Aqua Sphere announced that the 18-time Olympic gold medalist and coach Bob Bowman had signed on help develop new products for the company.

It currently designs and manufactures swimwear, wetsuits, eyewear, and accessories for triathletes, open-water, and fitness swimmers. AFP

Michael Phelps said he expects to be competing in a new suit made by Aqua Sphere next January. AFP / CHRISTOPHE SIMON

Trends Report

Every season inspires hair trends, from highlights to lowlights and even Splashlights, but why not take it one step further and go for a more eye-catching hair change-up? Go to Trends Report to check out how singer Kesha has been transforming her tresses all summer for some inspiration.

- **Online.** Follow Irene on Twitter at @MetroIreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Add a little sizzle to your vacay

Things to do in Vancouver from Aug. 7 - Sept. 2

SHUTTERSTOCK

CONTRIBUTED

As tempting as it is to sit at home with a cold drink on these warm, summer days, there's little better than packing up a car full of snacks, sleeping bags and a tent, and driving out into the wild to explore beautiful British Columbia.

Why bother keeping up with the Kardashians when you could be in a kayak off the coast of Vancouver Island by day, and stoking a campfire by night, all while playing some good tunes and preparing to eat a burger fresh off the grill. B.C. has some of the most lush, most naturally vivid areas in the world, and whether you're looking to explore, relax, or do a bit of both, there's always a close option.

BOWEN ISLAND

One of B.C.'s greatest treasures is just a 20-minute ferry ride from Horseshoe Bay. On Bowen Island, travellers will find hiking and biking trails along the coast, or up Mount Gardner.

The waters surrounding the island are also popular swimming, kayaking and canoeing spots. The main town, Snug Cove, is also home to beautiful cafés, restaurants, and homemade artisan crafters and jewellers.

NORTHERN GULF ISLANDS

Part of a chain of 6,000 islands dotting the province's coast up to Alaska, the Northern Gulf Islands' weather is so mild that fishing, kayaking, sailing, mountain biking, camping, and bear and whale-watching can be done year-round.

There are also several abandoned villages and settlements to explore from the pioneer era — truly living remnants of Canada's unique history.

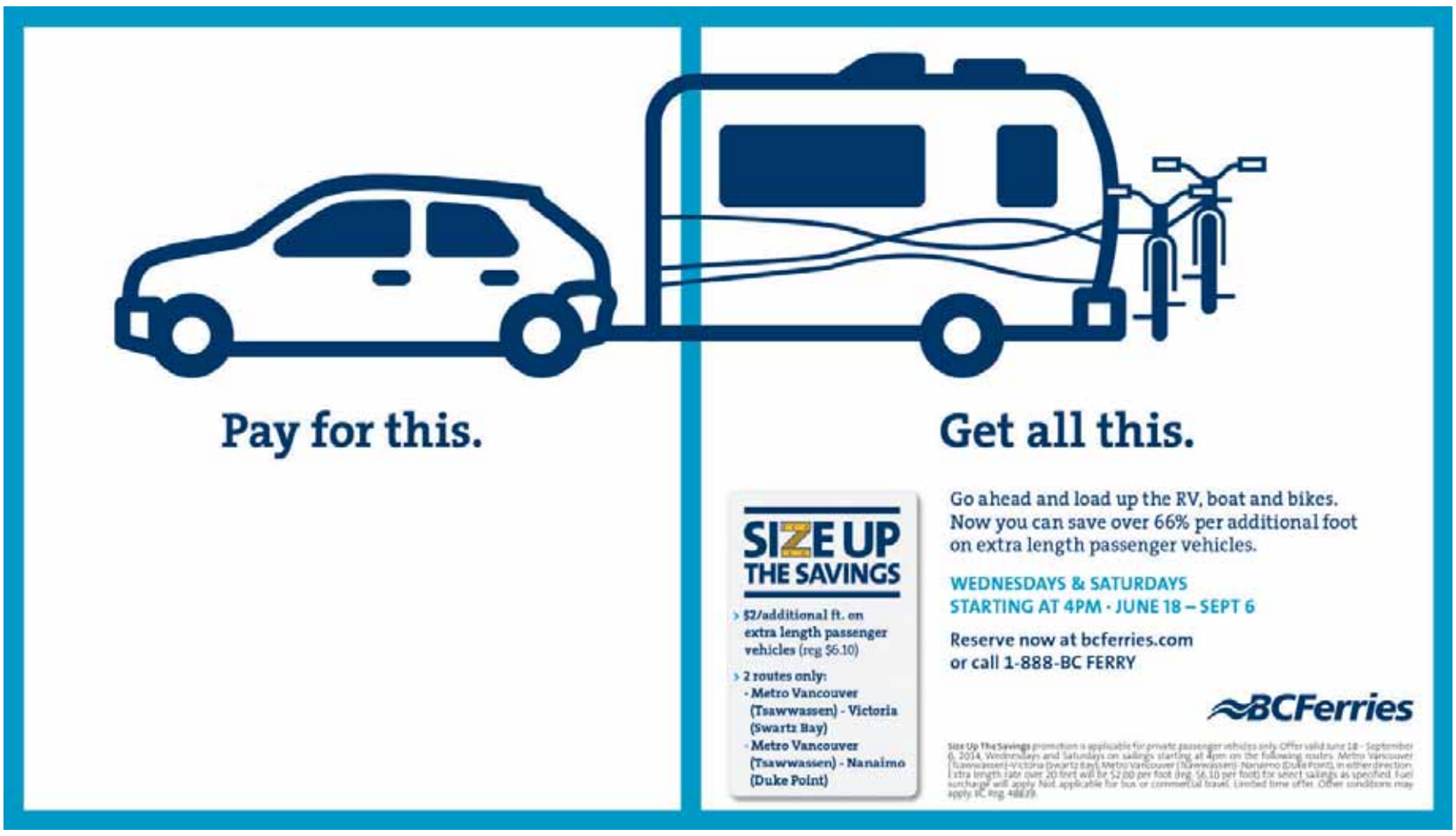
CARIBOO CHILCOTIN COAST

Living, breathing history can be found in the Cariboo Chilcotin Coast with important locations such as Barkerville, one of the largest focal points of the Gold Rush and Tweedsmuir Park, B.C.'s largest provincial park.

Pan for gold, try a hand at geocaching, or dive headfirst into the beautiful nature surrounding the coast, witnessing first-hand the ancient hoodoos and volcanic mountains that line the pristine water.

ON YOUR TRAVELS

- Bowen Island can be reached in 20 minutes from Horseshoe Bay Terminal.
- Reaching most of the Northern Gulf Islands can be done by car and ferry.
- In northern B.C., Khutzeymateen Valley is home to Canada's first grizzly bear sanctuary and reserve.
- Barkerville has more than 125 heritage buildings along its streets.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Five affordable food appliances

Whether you're living in a dorm or off-campus this year, being able to prepare your own meals is the most cost-effective — and often the tastiest — way to eat. Here's a lineup of affordable and stylish countertop appliances to get you through the school year. Bon appetit!

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Coffee maker

Single-brew coffee is easy, less messy and the coffee capsules come in a large variety of flavours. Keurig B130 DeskPro Brewing System, $113, Amazon.ca.

Toaster oven

Heat bagels, toast or even leftover pizza for breakfast. Hamilton Beach's 2-in-1 Toastation not only warms toast but has oven capacity, $50, HamiltonBeach.ca

Tea kettle

With the price of this baby, you can now afford to upgrade your tea blends. Traditions 1 Litre Automatic Electric Kettle, $12, CanadianTire.ca

Microwave oven

Warm up the leftovers you stole from home last Sunday. Danby 0.7 Cubic Feet Microwave Oven, $60, HomeDepot.ca

Popcorn popper

Popcorn is cheap but the entertainment and snack factor is priceless. West Bend's Air Crazy Corn Popper, $19, BedBathAndBeyond.ca

That's one smart cooker. Crock-Pot with app lets you tap in to cook dinner

Belkin and JCS have teamed up on a smartphone compatible slow cooker which can be controlled remotely from the next room, or even the next city.

Slow cooking is definitely moving back into fashion and, over the holiday season, slow cookers were one of the biggest kitchen appliance gifts, particularly in the U.S. However, while they're a great way of making the perfect stew or making the most of beans and pulses, using one can be time-consuming.

The Crock-Pot Smart Slow Cooker uses Belkin's WeMo smart power system and smartphone app so that you won't need to hang around in the kitchen as it comes up to pressure, as its status can be monitored and adjusted simply through swipes and taps on a handset.

As well as the smart features, the Crock-Pot also has traditional manual controls for taking a more hands-on approach and for those moments when the Wi-Fi router needs resetting and the home network goes down.

The Crock-Pot Smart Slow Cooker enabled with WeMo is available to order now in the U.S. for $129.99. AFP

The first smartphone-controlled slow cooker. BUSINESS WIRE

Remote cookery

- As well as being able to fire up the cooker and shut it down again, the app offers control over the temperature and cooking time — great if you're held up on the way home.
- You can pause the cooker and adjust it so that the cooking time coincides with turning the key in the front door.
- The temperature controls also include a warm setting so that something that was cooked the night before can be gently and automatically reheated from a distance.

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Sustainable energy

Spray-on solar cells could be the next big thing

Generating solar power can be expensive and impractical for the average person, but a new spray-painting method that applies solar cells to almost any surface could be the next big thing in green energy.

Scientists at the University of Sheffield in the U.K. have developed perovskite solar cells using a spray-painting process, which could turn a variety objects into energy generators.

Adaptable concept

Similar to applying paint to cars and graphic printing, the method involves spray-painting layers of the material onto a surface, meaning little material is wasted and the concept can be easily adapted to more affordable high-scale manufacturing.

While most solar cells are manufactured using energy-intensive materials like silicon, perovskites requires much less energy to make. AFP

The two spray heads of the machinery used to spray-paint perovskite solar cells. ALEX BARROWS

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Simple ways to transform a student bedroom

DIY. Head back to campus with fresh decor ideas for your home-away-from-home

As September approaches, many students beginning or returning to campus life will face the challenge of making a dorm or sub-leased room feel anything like home. Some easy-to-create, personal decor and design is all it takes to turn a dull, small space into a stunning and comfortable sanctuary for year-long study survival.

String lights

One of the easiest ways to establish gorgeous bedroom lighting is with plain or coloured string lights. Whether hung along walls and ceilings, threaded into reused bottles to make beautiful lamps, or shaped into wall signs, the soft glow can help brighten your mood on even the toughest days.

For a more dazzling look, create a curtain by gluing small mirror tiles along a series of strings, drape the string lights in behind, and watch the whole room shimmer.

I Want That

If you're looking for more fantastic home addition ideas, tune in to a special one-hour presentation of I Want That on Sunday, Aug. 10, at 10 p.m. ET/PT on DIY Network Canada.

Mason jar lamps

Another great lighting tool is a mason jar. To create a simple hanging lamp, drill a hole in the top, fit a single light bulb socket inside the lid, and secure the cord.

Alternatively, put your favourite kind of candle in the jar, or decorate the inside with glow-in-the-dark paint to create amazing night lights.

Design your own quilt or blanket

While the colour of the walls or provided furniture might already be predetermined, personal touches can be added all around the room. Instead of using a generic bed comforter, consider designing a quilt or blanket made from old t-shirts or your favourite materials.

Add personality to a blah dorm room with our easy DIY decor ideas. ISTOCK

Crafty curtains and wall art

If the window curtains are too plain, look for a design that speaks to you at the fabric store, or consider looking for paint-safe adhesive to create fabric wall art with.

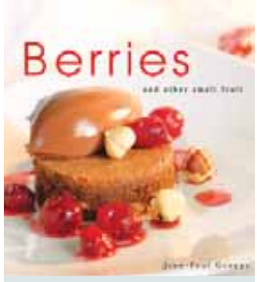
Picture this

To enhance your desk space, look for a sleek bulletin board and office supplies, such as post-it notes, in your ideal colour scheme to stay organized. Don't forget to include photos of loved ones and important events in your theme. Think about picking out a variety of picture frames, or arranging photos into a shape of your choosing on the wall.

Just remember to get creative, personalize as much as possible, and have fun!

Cookbook of the Week

It's berry delicious



Jean-Paul Grappe, a chef and professor since 1956, is a respected francophone culinary professional and one of the most well-known chefs in Quebec.

In his book Berries and Other Small Fruit, Grappe presents 60 recipes that will allow you to savour berries in ways you never imagined.

Among the dishes served up in this release are Blueberry Potato Crepes, Roasted Pork Tenderloin with Gentian Wine Sauce, Duck Montmorency with Cherry Syrup, Plum and Mascarpone Shortcakes, and more. METRO

Give poultry a hint of the exotic

Lychee and Lemon Grass Chicken. Using fruit to accent dishes offers a whole new taste

Ingredients

- 6 tbsp (90 ml) white wine
- 6 tbsp (90 ml) sake
- Juice of 2 lemons
- 4 stalks of lemongrass
- 1 cup (250 ml) lychee juice, fresh or unsweetened canned
- 1/2 cup (120 g) unsalted butter
- Salt and freshly ground pepper
- 4 skinless chicken breasts
- 2 chicken bouillon cubes, homemade or store-bought
- 1 1/2 cups (375 ml) heavy cream (35%)
- 2 1/2 oz (75 g) veloutine or potato starch
- 32 lychees, fresh or unsweetened canned
- 2 oz (40 g) chives, minced

1. In a Dutch oven, reduce by half the wine, sake, and lemon juice with the lemongrass. Add the lychee juice. Cool.

2. Heat the butter in a heavy-bottom frying pan. Season the chicken breasts with salt and pepper. Brown them on both sides. Put them into the lychee stock. Marinate for 4 hours on the counter, so all the flavours are infused into the chicken. Add the chicken bouillon to the marinade. Heat to 194 F (90 C), cooking slowly for 20 to 25 minutes. The internal temperature should be 167 F (75 C). Remove the chicken breasts at this point and keep them warm. Reduce the cooking liquid by half.

3. In a saucepan, reduce the cream by half. Mix cold water with the thickener (veloutine or potato starch) in a separate bowl. Add it, a little at a time, to the cooking liquid to achieve the desired consistency (wait for the boil because the starch only begins to work at this point). Add the reduced cream and adjust the seasoning. Add the lychees and chicken breasts and heat for a few minutes to 194 F (90 C).

This recipe serves four to six. PIERRE BEAUCHEMIN

4. Serve with rice and sprinkle with chives.

RECIPE EXCERPTED FROM ROM BERRIES AND OTHER SMALL FRUIT BY JEAN-PAUL GRAPPE (FITZHENRY & WHITESIDE, 2014)

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Canada has a ray of hope in Raonic

Rogers Cup. Canadian tennis star claws back against Sock to keep Canadian contingent alive at Rexall Centre

Milos Raonic serves against Jack Sock on Wednesday night at Rexall Centre in Toronto. DARREN CALABRESE/THE CANADIAN PRESS

Milos Raonic wasn't perfect, but he's still alive at the Rogers Cup.

Raonic had his serve going amid some erratic shots as he came back to beat American Jack Sock 4-6, 7-6 (2), 7-6 (4) on centre court Wednesday night at Rexall Centre.

Fans chanted "Let's go Milos" between points, cheering on the last Canadian left in the field. On Tuesday, all four men who played singles were eliminated, and Eugenie Bouchard bowed out in Montreal.

Raonic stunted that momentum with 15 aces that helped offset some struggles in returning Sock's serve. He won 79 per cent of his first-serve points but was broken in the first set to cause the 23-year-old to fall behind.

In the second set, Raonic held serve before blowing out Sock in the tiebreak. He needed another tiebreak to finish off the match.

"There was a little sliver of an opening and I managed to squeeze my way through," Raonic said immediately after the match.

Raonic will face Julien Benneteau of France on Thursday night. Benneteau upset 11th-seeded Ernests Gulbis Wednesday after beating former world No. 1 Lleyton Hewitt in the first round.

By edging Sock, Raonic can keep his recent momentum going.

He won last week's Citi Open in Washington by beating Vasek Pospisil in the first-ever all-Canadian final a month after becoming the first Canadian to reach the Wimbledon semifinals.

Raonic came into the week tied for his career high in the rankings at No. 6.

THE CANADIAN PRESS

Maria Sharapova blows kisses after her 4-6, 6-3, 6-1 win over No. 27 Garbine Muguruza of Venezuela on Wednesday in Montreal. STREETER LECKA/GETTY IMAGES

AUGMENTED REALITY

→ Scan the image with your Metro News app to view a gallery of Wednesday's action in Toronto and Montreal.

→ See the full instructions on Metro's Voices page.

metro AR

All-stars beat Bayern Munich

Seattle Sounders' Clint Dempsey makes way through Bayern's defence in Portland, Ore. on Wednesday night. TED S. WARREN/THE ASSOCIATED PRESS

Landon Donovan celebrated his record 14th all-star selection with a goal in a 23-minute cameo Wednesday as the MLS all-stars defeated Bayern Munich 2-1 at the AT&T MLS All-Star Game.

Donovan's goal in the 70th minute came from a beautiful pass from Portland's Diego Valeri in the penalty box.

The Los Angeles Galaxy star fought off two defenders and beat German No. 1 'keeper Manuel Neuer from close-range to make it 2-1. Donovan promptly gave way to Dom Dwyer as coach Caleb Porter emptied his bench.

Substitute goalie Bill Hamid preserved the lead with a close-range save off Juan Bernat late in the game. THE ASSOCIATED PRESS

On Wednesday

2	1
MLS all-stars	Bayern Munich

MLB

Jays back in the AL East chase

Right-hander Drew Hutchison allowed only a home run and a walk over 8 2/3 innings and Jose Bautista homered and drove in three runs on Wednesday as the Toronto Blue Jays snapped a four-game losing streak with a 5-1 win over the Baltimore Orioles.

Hutchison (8-9) struck out eight and walked one to win for the second time in his past three starts.

A second-inning home run by Chris Davis was the only Orioles hit against him.

The Blue Jays had 12 hits.

Hutchison was removed for closer Casey Janssen after he walked Nick Markakis with two out in the ninth. Janssen retired Manny Machado on a foul to first to end the game.

The second-place Blue Jays (61-54) moved to within four games of the first-place Orioles (64-49) in the American League East and ended Baltimore's three-game winning streak.

THE CANADIAN PRESS

Football

Tebow embracing TV job, but isn't giving up on NFL

Tim Tebow still wants — and trains for — another NFL opportunity.

Still, while the 26-year-old free agent quarterback waits for another chance to play professional football, he isn't about to let a potential dream job pass him by.

Tebow is embracing his latest passion: working as a football analyst for ESPN's new SEC Network, which debuts Aug. 14.

"I love doing this," an enthusiastic Tebow told The Associated Press on Wednesday. "I want to do this for a long time. I love talking football, and I love being around it."

The only thing he doesn't like is "having to wear this" suit, Tebow said, laughing and tugging at his grey jacket coat. "I'd rather be in shorts."

Tebow said his agent has fielded some calls from interested NFL teams — he declined to name which teams — but added no deal is imminent. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Something out of the ordinary will happen today that you will be able to take advantage of. A few days from now you will be singing your own praises!

♉ Taurus
April 21 - May 21
The planets will give you the chance to be of service to someone who does not share your strength of character. What you do for others now will, one day, come back to you.

♊ Gemini
May 22 - June 21
Today's Sun-Mercury link will do wonders for your confidence and popularity. Just remember that it's not possible to accept each and every invitation.

♋ Cancer
June 22 - July 23
Money isn't everything but it has its place in the world and with more of it you'd be able to do some of the things you have dreamed about. Use your talents in a more focused way.

♌ Leo
July 24 - Aug. 23
The planets will give a major boost to your self-belief over the next 24 hours and before the day is over you will have started something that has the potential to transform your life.

♍ Virgo
Aug. 24 - Sept. 23
Cosmic activity in Leo may at times make you doubt yourself but today you have enough mental energy to overcome that negative outlook.

♎ Libra
Sept. 24 - Oct. 23
You'll come into contact with people who share your ideals. They'll also boost your belief that you can make a difference by working with others.

♏ Scorpio
Oct. 24 - Nov. 22
A career change is likely soon. Whether it is a change you make or a change that is forced on you remains to be seen but if you do feel so inclined then make the first move.

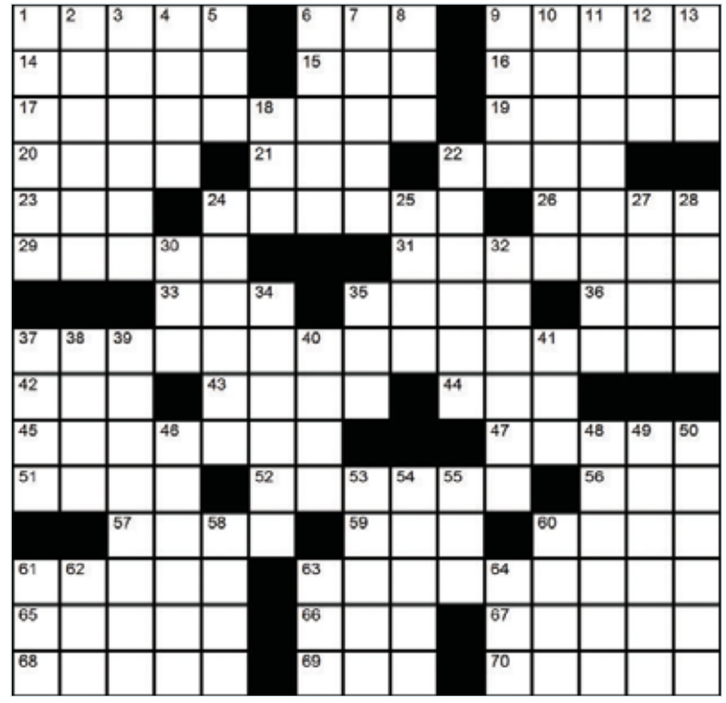
♐ Sagittarius
Nov. 23 - Dec. 21
No matter how busy you may be you won't be satisfied until you have booked a vacation or promised friends that you'll visit them over the weekend. Travel brings out the best in you.

♑ Capricorn
Dec. 22 - Jan. 20
You have fears that can hold you back from fulfilling your potential, but today's influences will help you confront them and overcome them.

♒ Aquarius
Jan. 21 - Feb. 19
If there is someone you want to get closer to, you must let them know how you feel. On the work front, too, the more you open up to others, the more they will want to do for you.

♓ Pisces
Feb. 20 - March 20
You may be the sort who spends more time dreaming than doing but today the planets will inspire you to take a more hands-on approach.

Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Grind to _ __
6. Shopping estab.
9. Colorado resort
14. Lenny Kravitz's alias in his early career, __ Blue
15. Yes: French
16. Depart
17. Celebrity chef offerings
19. __ fork
20. Toronto's University and Danforth, e.g.
21. Communication syst.
22. __-neck sweater
23. Bird bill
24. "Every __ You Take" by The Police
26. Verdi opera
29. Movie category
31. Nice money amount: 2 wds.
33. Alien sitcom
35. Gomer __ (Jim Nabors role)
36. Inventor Mr. Whitney
37. "Electric Pow Wow Drum" DJ crew from Ottawa: 4 wds.
42. Baby for Kanga
43. Viva voce
44. Letters for T-shirt sizes
45. __ of Parliament
47. Ex-Montreal baseball team
51. Parkay, for one
52. PEI part
56. Compass pt.
57. Scandinavian rugs
59. Record co.
60. Wholly __ __ part
61. Warship-related
63. Joey __, Newfoundland's first provincial Premier, in 1949
65. Laud
66. Apple devices platform
67. __ Bay, Newfoundland
68. "This is __ __ sudden!"
69. Medical pros
70. Canadian guitarist Mr. Cook

Down
1. Denys __ (Canadian movie director)
2. Vacuum†cleaner company
3. Particular protozoan
4. Monetary units in Albania
5. From A __ _ (Step-by-step)
6. Archie Comics character
7. "__, Fran and Ollie" (Classic puppet TV show)
8. Poetic contraction
9. And
10. St. Lawrence __
11. 100th Anniversary! Calgary luxury hotel which opened in 1914: The Fairmont __
12. Ms. Longoria
13. Mr. Beatty
18. Paddle
22. Pops in the freezer for a bit
24. Rocky __ (Sylvester Stallone role)
25. Texter's sign-off
27. Mr. Hill of "The West Wing"
28. During
30. Spring month in Montreal
32. Considered
34. "__ Bueller's Day Off" (1986)
35. Chum
37. Son of folk legend Woody
38. Work hard
39. City in Quebec
40. Islets
41. Gladiator's 560
46. Lorde song
48. Eva and Juan in "Evita" (1996)
49. Kitchen's tears inducers
50. E-Mail getter, say
53. Squeezed fruit
54. Gather
55. Naught
58 Choir voice
60. "_ __ is me." (Sniff, sniff)
61. PBS funding org.
62. GNR's Mr. Rose
63. Gentleman's title
64. President after JFK

Yesterday's Crossword

Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		3	1		5	9		
	1	7		8			5	
8		2				3	6	1
7			3		2			6
	3			7			4	
1			4		9			5
2	7	5				6		4
	8			1		5	9	
		1	5		7	8		

Yesterday's Sudoku

1	3	7	5	6	2	8	9	4
9	5	4	8	1	3	6	7	2
2	6	8	4	9	7	5	3	1
3	8	5	1	7	6	4	2	9
7	4	9	3	2	5	1	6	8
6	1	2	9	4	8	3	5	7
5	7	1	6	8	9	2	4	3
8	2	3	7	5	4	9	1	6
4	9	6	2	3	1	7	8	5

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**Some restrictions apply including, but not limited to, loan amount restrictions based on the borrower's net pay.

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2014 IIHS TOP SAFETY PICK▲

▲Ratings are awarded by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To qualify for 2014 TOP SAFETY PICK, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests, plus a good or acceptable rating in the small overlap front test. *MSRP of $19,995 on 2014 Impreza 2.0i 4-door (EF1 BP). Advertised pricing consists of MSRP plus freight & PDI ($1,595), documentation fees ($395) and battery tax ($30). Taxes, license, registration and insurance are extra. $0 security deposit. Model shown is 2014 Impreza 2.0i 4-door Sport Package (EF1 SP) with an MSRP of $23,895. Dealers may sell for less or may have to order or trade. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.